

Hard Rock Cafe Menu Allergen Information















Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Please ensure your server is informed of your allergy at time of order to ensure every precaution can be taken in our kitchen to prevent cross contamination.

Please note that due to the nature of cooking our deep fried products cannot be guaranteed to be free from cross contamination with other allergens.

If you are unsure which of our products go through the deep fryer please ask a member of our staff.















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









Hard Rock Cafe Menu Allergen Analysis														
Starters & Shareables	Celery	Egg	Fish	Cereal including Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
														
Hard Rock Nachos Allergens: Celery, Milk, Soy, Sulphurs, Cereal c/ Gluten	Y	N	N	Y	N	Y	N	N	N	N	N	Y	Y	N
Hard Rock Nachos with Grilled Chicken Allergens: Celery, Milk, Soy, Sulphurs, Cerealc/ Gluten	Y	N	N	Y	N	Y	N	N	N	N	N	Y	Y	N
Hard Rock Nachos with Beef Allergens: Celery, Milk, Soy, Sulphurs, Cereal c/ Gluten	Y	N	N	Y	N	Y	N	N	N	N	N	Y	Y	N
One Night in Bangkok Spicy Shrimp™ Allergens: Egg, Cereal c/ Gluten, Milk, Mustard, Shellfish, Soy, Sulphurs, Tree Nuts	N	Y	N	Y	N	Y	N	Y	N	N	Y	Y	Y	Y
One Night in Bangkok Spicy Shrimp™ (SCRATCH RECIPE) Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Shellfish, Soy, Sulphurs, Tree Nuts	Y	Y	N	Y	N	Y	N	Y	N	N	Y	Y	Y	Y
Southwest Flatbread Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard.	Y	Y	N	Y	N	Y	N	Y	N	N	N	N	N	N
Three Cheese & Roma Flatbread Allergens: Cereal c/ Gluten, Milk	N	N	N	Y	N	Y	N	N	N	N	N	N	N	N
Pepperoni Flatbread Allergens: Cereal c/ Gluten, Milk	N	N	N	Y	N	Y	N	N	N	N	N	N	N	N
Smoked Chicken Wings - Classic buffalo Allergens: Celery, Egg, Milk, Mustard, Sulphurs.	Y	Y	N	N	N	Y	N	Y	N	N	N	N	Y	N
Smoked Chicken Wings - Hickory BBQ Allergens: Celery, Egg, Milk, Mustard, Sulphurs.	Y	Y	N	N	N	Y	N	Y	N	N	N	N	Y	N
Smoked Chicken Wings - Tangy Sauce Allergens: Celery, Egg, Milk, Mustard, Sulphurs.	Y	Y	N	N	N	Y	N	Y	N	N	N	N	Y	N
Boneless Tenders - Classic buffalo Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Sulphurs	Y	Y	N	Y	N	Y	N	Y	N	N	N	N	Y	N
Boneless Tenders - Hickory BBQ Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Sulphurs	Y	Y	N	Y	N	Y	N	Y	N	N	N	N	Y	N
Boneless Tenders - Tangy Sauce Allergens: Celery, Egg, Cereal c/ Gluten, Mustard, Sulphurs	Y	Y	N	Y	N	Y	N	Y	N	N	N	N	Y	N
All-American Sliders Allergens: Egg, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphurs, Tree Nuts	N	Y	N	Y	N	Y	N	Y	N	N	N	Y	Y	Y
Cuban Sliders Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphurs	Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	Y	N

Tomato Bruschetta

Allergens: **Cereal c/ Gluten, Milk, Sulphurs**

N	N	N	Y	N	Y	N	N	N	N	N	N	Y	N
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<h2 style="text-align: center;">Legendary Burgers</h2>	Celery 	Egg 	Fish 	Cereal including Gluten 	Lupin 	Milk 	Molluscs 	Mustard 	Peanuts 	Sesame Seeds 	Shellfish 	Soy 	Sulphur Dioxide 	Tree Nuts 
Original Legendary Burger with Fries Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphurs, Tree Nuts	Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	Y	Y
BBQ Bacon Cheeseburger with Fries Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphurs	Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	Y	N
The Big Cheeseburger with Fries* Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphurs	Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	Y	N
The Double Decker Cheeseburger with Fries* Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy	Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	N	N
Moving Mountains Burger with Fries Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Peanuts, Soy, Tree Nuts	Y	Y	N	Y	N	Y	N	N	Y	N	N	Y	N	Y
Surf n' Turf burger with Fries Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Shellfish, Soy, Sulphurs, Tree Nuts	Y	Y	N	Y	N	Y	N	Y	N	N	Y	Y	Y	N
Surf n' Turf burger with Fries (SCRATCH SHRIMP RECIPE) Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Shellfish, Soy, Sulphurs, Tree Nuts	Y	Y	N	Y	N	Y	N	Y	N	N	Y	Y	Y	N
Country Burger & Fries Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphurs	Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	Y	N
Swiss Mushroom Burger & Fries Allergens: Egg, Cereal c/ Gluten, Milk, Mustard, Soy	N	Y	N	Y	N	Y	N	Y	N	N	N	Y	N	N
Spicy Diablo Burger & Fries Allergens: Egg, Cereal c/ Gluten, Milk, Soy, Sulphurs	N	Y	N	Y	N	Y	N	N	N	N	N	Y	Y	N
Onion Rings Allergens: Cereal c/ Gluten, Tree Nuts	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y
Bacon Allergens: NONE	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Cheese & Bacon Fries Allergens: Egg, Milk, Mustard	N	Y	N	N	N	Y	N	Y	N	N	N	N	N	N

Sandwiches	Celery	Egg	Fish	Cereal including Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
														

Honey Mustard Grilled Chicken Sandwich
Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphur

Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	Y	N
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BBQ Pulled Pork Sandwich
Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphur

Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	Y	N
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Crispy Chicken Sandwich















Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy

Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	N	N
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Buffalo Crispy Chicken Sandwich

Allergens: Celery, Egg, Cereal c/ Gluten, Milk, Mustard, Soy

Y	Y	N	Y	N	Y	N	Y	N	N	N	Y	N	N
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Salads	Celery	Egg	Fish	Cereal including Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
														

Chicken Caesar Salad
Allergens: Celery, Egg, Fish, Cereal c/ Gluten, Milk, Mustard, Sulphur

Y	Y	Y	Y	N	Y	N	Y	N	N	N	N	Y	N
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Steak Salad*

Allergens: Fish, Cereal c/ Gluten, Milk, Mustard, Soy, Sulphur

N	N	Y	Y	N	Y	N	Y	N	N	N	Y	Y	N
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Asian Noodle Bowl

Allergens: Fish, Cereal c/ Gluten, Sesame, Soy, Sulphur

N	N	Y	Y	N	N	N	N	N	Y	N	Y	Y	N
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Southwest Chicken Bowl

Allergens: Celery, Egg, Milk, Mustard, Sulphur

Y	Y	N	N	N	Y	N	Y	N	N	N	N	Y	N
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Side Caesar Salad

Allergens: Egg, Fish, Cereal c/ Gluten, Milk, Mustard, Sulphur

N	Y	Y	Y	N	Y	N	Y	N	N	N	N	Y	N
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Side House Salad (NO dressing)

Allergens: Cereal c/ Gluten, Milk

N	N	N	Y	N	Y	N	N	N	N	N	N	N	N
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Salad Dressings

Blue Cheese Dressing

Allergens: Egg, Milk, Mustard

N	Y	N	N	N	Y	N	Y	N	N	N	N	N	N
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Caesar Dressing

Allergens: Egg, Fish, Milk, Mustard, Sulphurs

N	Y	Y	N	N	Y	N	Y	N	N	N	N	Y	N
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Honey Mustard Dressing

Allergens: Egg, Mustard

N	Y	N	N	N	N	N	Y	N	N	N	N	N	N
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Oil and Vinegar

Allergens: NONE

N	N	N	N	N	N	N	N	N	N	N	N	Y	N
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Blue Cheese Vinaigrette

Allergens: Milk, Mustard, Sulphurs

N	N	N	N	N	Y	N	Y	N	N	N	N	Y	N
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Guacamole Ranch Dressing

Allergens: Egg, Milk, Mustard, Sulphurs

N	Y	N	N	N	Y	N	Y	N	N	N	N	Y	N
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Sesame Soy Dressing

N	N	N	Y	N	N	N	N	N	Y	N	Y	Y	N
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Allergens: **Cereal c/ Gluten, Sesame, Soy, Sulphurs**

Ranch Dressing

Allergens: **Egg, Milk, Mustard, Soy, Sulphur**

N	Y	N	N	N	Y	N	Y	N	N	N	Y	Y	N
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Side Guacamole

Allergens: **None**

N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
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Side Cheese & Bacon Fries

Allergens: **Egg, Milk, Mustard**

N	Y	N	N	N	Y	N	Y	N	N	N	N	N	N	N
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Desserts & Hot Beverages

Celery	Egg	Fish	Cereal including Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts
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Hot Fudge Brownie

Allergens: **Egg, Cereal c/ Gluten, Milk, Soy, Sulphurs**

N	Y	N	Y	N	Y	N	N	N	N	N	Y	Y	N
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Apple Cobbler

Allergens: **Egg, Cereal c/ Gluten, Milk**

N	Y	N	Y	N	Y	N	N	N	N	N	N	N	N
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Hot Fudge Sundae

Allergens: **Egg, Milk, Sulphurs**

N	Y	N	N	N	Y	N	N	N	N	N	N	Y	N
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Ice Cream, Chocolate

Allergens: **Egg, Milk**

N	Y	N	N	N	Y	N	N	N	N	N	N	N	N
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Ice Cream, Vanilla

Allergens: **Egg, Milk**

N	Y	N	N	N	Y	N	N	N	N	N	N	N	N
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Classic Cheesecake (Strawberry)

Allergens: **Egg, Cereal c/ Gluten, Milk, Soy**

N	Y	N	Y	N	Y	N	N	N	N	N	Y	N	N
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Chocolate Shake

Allergens: **Egg, Milk**

N	Y	N	N	N	Y	N	N	N	N	N	N	N	N
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Vanilla Shake

Allergens: **Egg, Milk**

N	Y	N	N	N	Y	N	N	N	N	N	N	N	N
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Cappuccino

Allergens: **Milk**

N	N	N	N	N	Y	N	N	N	N	N	N	N	N
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Espresso

Allergens: **NONE**

N	N	N	N	N	N	N	N	N	N	N	N	N	N
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Latte

Allergens: **Milk**

N	N	N	N	N	Y	N	N	N	N	N	N	N	N
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