

Hard Rock Cafe Menu Allergen Information



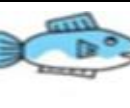

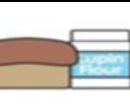






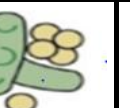



Allergy data detailed in the table has been derived from specifications obtained from the suppliers of the products.

Please ensure your server is informed of your allergy at time of order to ensure every precaution can be taken in our kitchen to prevent cross contamination.

Please note that due to the nature of cooking our deep fried products cannot be guaranteed to be free from cross contamination with other allergens.

If you are unsure which of our products go through the deep fryer please ask a member of our staff.

Updated 01/06/2019

Hard Rock Cafe Menu Analysis Book																
	Celery	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts	Cereal	
Starters																
Hickory Smoked Chicken Wings, with Classic Rock Sauce	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known	
with Blue Cheese Dressing	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known	
Hickory Smoked Chicken Wings, with Heavy Metal Sauce (NOT ON MENU)	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known	
with Blue Cheese Dressing	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known	
Smoked Grilled Chicken Wings, with Classic Rock Sauce	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known	
with Blue Cheese Dressing	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known	
Smoked Grilled Chicken Wings, with Heavy Metal Sauce (NOT ON MENU)	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known	
with Blue Cheese Dressing	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known	
Tupelo Chicken Tenders	Y	Y	Y	Y	N	Y	N	Y	N	N	N	N	Y	N	Y	
with Hickory BBQ Sauce	Y	N	Y	N	N	Y	N	Y	N	N	N	N	Y	N	Y	
with Honey Mustard Dressing	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	not known	
Hard Rock Nachos	Y	N	N	N	N	Y	N	N	N	N	N	N	Y	N	not known	
Hard Rock Nachos with Fajita Beef	Y	N	N	Y	N	Y	N	N	N	N	N	Y	Y	N	not known	
Hard Rock Nachos with Grilled Chicken	Y	N	N	N	N	Y	N	N	N	N	N	N	Y	N	not known	
Jumbo Combo with Bruschetta	Y	Y	Y	Y	N	Y	N	Y	N	N	N	Y	Y	N	not known	
with Buffalo Wing Sauce	Y	Y	N	N	N	Y	N	Y	N	N	N	N	N	N	not known	
with Heavy Metal Wing Sauce	Y	Y	N	N	N	Y	N	Y	N	N	N	N	N	N	not known	
with Tangy BBQ Sauce	Y	N	Y	N	N	Y	N	Y	N	N	N	N	Y	N	Y	
Southwest Spring Rolls	N	Y	N	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	
Spring Roll	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	Y	
Guacamole, Chipotle Ranch	N	Y	N	N	N	Y	N	N	N	N	N	Y	Y	N	N	
Spinach Artichoke Dip	Y	N	N	N	N	Y	N	N	N	N	N	N	Y	N	Y	
Tortilla Chips	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
Pico de Gallo	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	
All-American Sliders*	N	Y	N	Y	N	Y	N	N	N	Y	N	Y	Y	Y	Y	
Slider Bun	N	Y	N	Y	N	Y	N	N	N	N	N	Y	N	N	Y	
American Cheese	N	Y	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	
Coleslaw	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	
Onion Ring	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	Y	
Whiskey Bacon Jam Sliders*	N	Y	N	Y	N	Y	N	N	N	N	N	Y	N	Y	Y	
Bun	N	Y	N	Y	N	Y	N	N	N	N	N	Y	N	N	Y	
Caramelized Whiskey Bacon Jam	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	
American Cheese	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Onion Ring	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	Y	
Buffalo Sliders*	N	Y	N	Y	N	Y	N	N	N	N	N	Y	Y	Y	Y	
Bun	N	Y	N	Y	N	Y	N	N	N	N	N	Y	N	N	Y	
Blue Cheese Dressing	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Classic Rock Wing Sauce	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	
Onion Ring	N	N	N	Y	N	N	N	N	N	N	N	N	N	Y	Y	
One Night in Bangkok Spicy Shrimp**	Y	N	N	Y	N	Y	N	N	N	N	N	N	Y	Y	Y	
Pre-Breaded Shrimp	N	N	N	Y	N	N	N	N	N	N	Y	Y	N	N	Y	
Tortilla Straws	N	N	N	Y	N	N	N	N	N	N	N	N	Y	N	N	
Coleslaw	N	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	
Orange Chili Aioli	N	Y	N	N	N	N	N	N	N	N	N	Y	Y	N	N	

Flatbreads	Celery	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts	Cereal
Southwest Flatbread	Y	Y	N	Y	N	Y	N	N	N	N	N	Y	Y	N	Y
Three Cheese Flatbread	N	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	Y
Salads	Celery	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts	Cereal
Caesar Salad	N	Y	Y	Y	N	Y	N	Y	N	N	N	N	Y	N	not known
Caesar Salad with Grilled Chicken	Y	Y	Y	Y	N	Y	N	Y	N	N	N	N	Y	N	not known
Caesar Salad with Grilled Shrimp	Y	Y	Y	Y	N	Y	N	Y	N	N	Y	N	Y	N	not known
Caesar Salad with Grilled Salmon	Y	Y	Y	Y	N	Y	N	Y	N	N	N	N	Y	N	not known
Cali Cobb Salad	Y	Y	N	N	N	Y	N	Y	N	N	N	Y	N	N	not known
Protein Add Ons															
with Protein Choice Grilled Chicken	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	not known
with Protein Choice Grilled Salmon	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	not known
with Protein Choice Grilled Shrimp	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	not known
with Protein Choice Grilled Steak	N	Y	Y	Y	N	N	N	N	N	N	N	Y	N	N	not known
Steak Salad*	N	Y	Y	Y	N	Y	N	N	N	N	N	Y	Y	N	Y
Cilantro Pesto															
Blue Cheese Crumbles	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
Shoestring Onions	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
Blue Cheese Vinaigrette	N	N	N	N	N	Y	N	Y	N	N	N	N	N	N	N
Beet Salad Side*	N	N	N	N	N	Y	N	Y	N	N	N	N	Y	N	N
Goat Cheese	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
Lemon Thyme Vinaigrette	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N
Toasted Pepita Seeds	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Salad Dressings	Celery	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts	Cereal
Balsamic Vinaigrette	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	not known
Blue Cheese Dressing	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known
Caesar Dressing	N	Y	Y	N	N	Y	N	Y	N	N	N	N	Y	N	not known
Honey Mustard Dressing	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	not known
Oil and Vinegar	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	not known
Ranch Dressing	N	Y	N	N	N	Y	N	Y	N	N	N	Y	N	N	not known
Entrees	Celery	Egg	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Shellfish	Soy	Sulphur Dioxide	Tree Nuts	Cereal
Cowboy Rib Eye	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
with Fresh Vegetable Choice Blanched Green Beans	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
with Fresh Vegetable Choice Broccoli Crowns	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
with Fresh Vegetable Choice Grilled Asparagus	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
Famous Fajitas	N	N	N	Y	N	Y	N	N	N	N	N	N	Y	N	not known
with Duo Combo with Grilled Chicken and Shrimp	Y	N	N	Y	N	Y	N	N	N	N	Y	Y	Y	N	not known
with Duo Combo with Grilled Steak and Chicken	Y	N	Y	Y	N	Y	N	N	N	N	Y	Y	Y	N	not known
with Duo Combo with Grilled Steak and Shrimp	N	N	Y	Y	N	Y	N	N	N	N	Y	Y	Y	N	not known
with Grilled Chicken	Y	N	N	Y	N	Y	N	N	N	N	N	Y	Y	N	not known
with Grilled Shrimp	N	N	N	Y	N	Y	N	N	N	N	Y	Y	Y	N	not known
with Grilled Steak	N	N	Y	Y	N	Y	N	N	N	N	N	Y	Y	N	not known
Famous Fajitas with Grilled Vegetables	Y	N	N	Y	N	Y	N	N	N	N	N	Y	Y	N	not known
Pico de Gallo	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Guacamole	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Sour Cream	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N
Flour Tortilla	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	Y
Grilled Norwegian Salmon	Y	N	Y	N	N	Y	N	Y	N	N	N	Y	Y	N	not known
with Fresh Vegetable Choice Blanched Green Beans	Y	N	Y	N	N	Y	N	Y	N	N	N	Y	N	N	not known
with Fresh Vegetable Choice Broccoli Crowns	Y	N	Y	N	N	Y	N	Y	N	N	N	Y	N	N	not known
with Fresh Vegetable Choice Grilled Asparagus	Y	N	Y	N	N	Y	N	Y	N	N	N	Y	N	N	not known
New York Strip Steak	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
with Fresh Vegetable Choice Blanched Green Beans	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
with Fresh Vegetable Choice Broccoli Crowns	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
with Fresh Vegetable Choice Grilled Asparagus	Y	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
Shrimp Skampy Skewer Add On	Y	N	N	N	N	Y	N	N	N	N	Y	N	Y	N	N
Twisted Mac, Chicken and Cheese	Y	N	N	Y	N	Y	N	N	N	N	N	N	N	N	not known
Sub House Salad	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	not known
with Dressing Choice Balsamic Vinaigrette	N	N	N	N	N	Y	N	Y	N	N	N	N	Y	N	not known
with Dressing Choice Blue Cheese Dressing	N	Y	N	N	N	Y	N	N	N	N	N	N	N	N	not known
with Dressing Choice Caesar Dressing	N	Y	Y	N	N	Y	N	Y	N	N	N	N	Y	N	not known

with Dressing Choice Honey Mustard	N	Y	N	N	N	Y	N	Y	N	N	N	N	N	N	not known
with Dressing Choice Oil and Vinegar	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	not known
with Dressing Choice Ranch Dressing	N	Y	N	N	N	Y	N	Y	N	N	N	Y	N	N	not known
Sub Caesar Salad	N	Y	Y	Y	N	Y	N	Y	N	N	N	N	Y	N	not known

